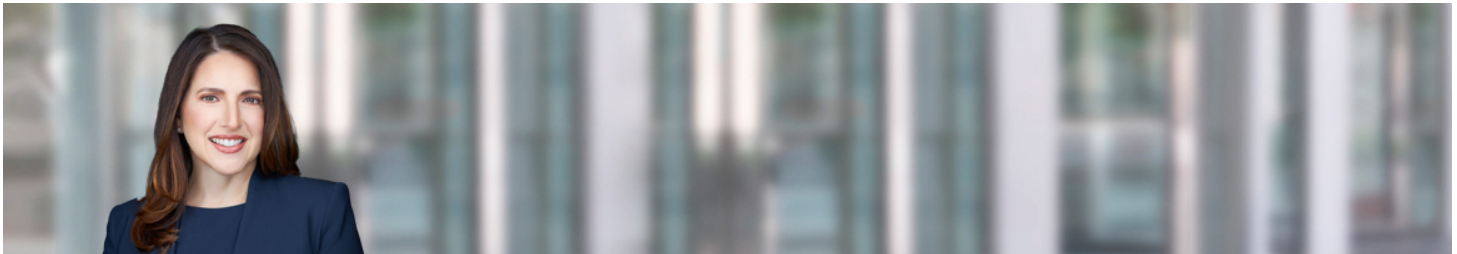


## Ingrid H. Ponce



Shareholder

Miami Office

Coral Gables Office

iponce@stearnsweaver.com

Phone: 305-789-3385

### PRACTICE AREAS

Labor & Employment

Litigation & Dispute Resolution

Hospitality & Leisure

Education Law

Arts, Sports & Culture

Class Actions

### LANGUAGES

Spanish

### OVERVIEW

*"Ingrid is a one-stop shop for all labor and employment issues and she is incredibly knowledgeable and service-oriented."*

**- Chambers USA 2023**

For over 25 years, Ingrid has represented employers of all sizes in labor and employment matters. Her clients come from diverse industries and include major sports franchises, international restaurant chains, and educational institutions.

An experienced litigator, Ingrid has served as lead counsel on a number of large class and collective actions alleging wage and hour issues, such as off-the-clock work, improper wage deductions, tip pooling and exemption misclassification. Ingrid routinely defends clients in litigation involving all forms of employment issues, such as harassment/hostile work environment, discrimination, retaliation and whistleblower claims.

On the counseling side, Ingrid partners with clients to develop innovative approaches to solving employee issues and provides training to managers and employees on preventing workplace harassment, EEO compliance, FMLA, ADA, workplace violence, and litigation prevention. Ingrid also assists clients with investigations and frequently appears before federal agencies, such as the Department of Labor, the EEOC, and OSHA.

Ingrid is a regular contributor to the firm's labor and employment law blog, [BeLabor the Point](#). Ingrid is also a member of the firm's Board of Directors.

### REPRESENTATIVE EXPERIENCE

Successfully represents clients in jury trials in both state and federal courts, and in appeals before the Eleventh Circuit Court of Appeals and Florida's Third District Court of Appeal.

Representation of clients in collective and class actions brought under the Fair Labor Standards Act and other federal and state laws.

Lead counsel of litigation teams that have secured summary judgment victories on behalf of various clients in cases involving claims under Title VII of the Civil Rights Act of 1964, the Florida Civil Rights Act, the Americans with Disabilities Act, the Age Discrimination in Employment Act, the Florida Whistleblower Act, and other employment statutes.

Defense of employers in a variety of employment related lawsuits, including discrimination, harassment, retaliation, and other claims arising under Title VII of the Civil Rights Act of 1964, the Age Discrimination in Employment Act, the Americans with Disabilities Act, the Family and Medical Leave Act, the Florida Civil Rights Act, the Florida Whistleblower Act, the Fair Labor Standards Act, and other federal, state and local employment-related laws and regulations.

Frequently appears before the EEOC, as well as state and local EEO agencies, to defend clients against charges of discrimination and harassment; experience includes working with in-house legal or personnel departments to prepare position statements and other materials in response to such claims.

Counsels clients with respect to design and implementation of personnel policies and procedures, and reviews, drafts, and updates policies.

Conducts company-wide and supervisor/manager training in Spanish and English on a variety of topics, including preventing workplace harassment, EEO compliance, FMLA, ADA, workplace violence and litigation prevention.

Represented client in a successful appeal before Florida's Third District Court of Appeal. The Court reversed a \$2.5 million jury verdict against our client in a case that contributes significantly to existing case law on discrimination and retaliation in Florida.

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## PROFESSIONAL & COMMUNITY INVOLVEMENT

Breakthrough Miami, Board of Directors, 2014-2023

The Florida Bar, Labor and Employment Section

St. Philip's Episcopal Church, Vestry Member

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## RECOGNITION

*Chambers USA*, Labor & Employment (Florida), 2020-Present

*The Best Lawyers in America*, 2024-Present

Top 10 Florida Labor & Employment Lawyers to Follow in 2023, Business Today

*South Florida Legal Guide*, Top Lawyers in South Florida - Labor & Employment, 2017-2021; Top Up and Comers - Labor & Employment, 2015-2016

*Benchmark Litigation*, Labor & Employment Star, 2018-2022

*Florida Super Lawyers*, 2022-Present; *Rising Star*, 2011-2013

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## PUBLICATIONS & PRESENTATIONS

**Publications:** [Must an employee making more than \\$200k still be paid overtime? Definitely, maybe.](#)

BeLabor the Point Blog | March 2023

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**Events:** [TikTok Time Bombs/Social Media, Offer Letters And Employment Agreements and I Need To Be An Independent Contractor](#)

Stearns Weaver Miller's 2022 Annual Tampa Labor & Employment Law Seminar | | October 2022

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**Events:** [Offer Letters And Employment Agreements](#)

Stearns Weaver Miller's 2022 Annual Miami Labor & Employment Law Seminar | | October 2022

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**Labor & Employment News Update, Publications:** [And the OSHA Vax or Test Rule is Off \(Again\)](#)

BeLabor the Point Blog | January 2022

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**Publications:** [SURPRISE, SURPRISE, SURPRISE! OSHA's Vaccinate or Test Rule is Back \(at least for now\).](#)

BeLabor the Point Blog | December 2021

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**Publications:** [OSHA's COVID Vaccination Rules – What You Need To Know](#)

BeLabor the Point Blog | November 2021

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**Events, Firm Announcements, In the Media, Labor & Employment News Update, Publications:** [Breaking Through the Noise: Labor & Employment Issues Post-Pandemic](#)

Stearns Weaver Miller News Program Special | | June 2021

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**Events, Firm Announcements, In the Media, Labor & Employment News Update, Publications:** [Breaking Through the Noise: Labor & Employment Issues Post-Pandemic](#)

Stearns Weaver Miller News Program Special | | June 2021

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**Events:** [COVID-19 Q&A Webinar](#)

Physicians Health Center Webinar | | August 2020

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**Publications:** [Top Takeaways from Our Back to Work Virtual Chat](#)

BeLabor the Point Blog | June 2020

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**Events:** [Back to Work Virtual Chat](#)

Stearns Weaver Miller Webinar | | June 2020

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**COVID News Update, Labor & Employment News Update, Publications:** [DOL Provides More Guidance on the FFCRA](#)

BeLabor The Point Blog | March 2020

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**COVID News Update, Labor & Employment News Update, Publications:** [DOL Issues New FFCRA Poster and Further Guidance](#)

**COVID News Update, Labor & Employment News Update, Publications: [Federal Paid Leave Law Signed by President Trump](#)**

BeLabor The Point Blog | March 2020

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**Events: [The Applicant Dating Game](#)**

Stearns Weaver Miller's 29th Annual Labor and Employment Law Seminar | | May 2019

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**Events: [“5 Steps to Protecting Company Secrets and Customers”](#)**

Brightline Training Seminar | | January 2019

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**Publications: [You Fire Your HR Manager for Encouraging Employees to Sue. No Problem, right? Think Again](#)**

BeLabor the Point Blog | October 2018

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**Events: [All Rise! Decisions that are Changing the Way You Do Business](#)**

Stearns Weaver Miller's 28th Annual Labor and Employment Law Seminar | | April 2018

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**Events: [Back to the FLSA Drawing Board](#)**

Stearns Weaver Miller's 27th Annual Labor and Employment Law Seminar | | May 2017

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**Publications: [Email Restrictions: Good Idea But Don't Hold Your Breath America](#)**

BeLabor The Point Blog | April 2017

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**Publications: [New DOL Overtime Regulations On Hold – Now What????](#)**

BeLabor The Point Blog | November 2016

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**Events: [Florida Advanced Skills for Wage and Hour Compliance](#)**

2016 FLSA Master Class | | October 2016

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**Events: [Full Steam Ahead: Keeping up with Title VII](#)**

Stearns Weaver Miller's 26th Annual Labor and Employment Law Seminar | | May 2016

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**Events: [Advanced FLSA for Hospitality](#)**

Stearns Weaver Miller's 26th Annual Labor and Employment Law Seminar | | May 2016

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**Publications: [The “Accidental” Termination?](#)**

BeLabor the Point Blog | February 2016

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**Events: [Common Law Employment Claims](#)**

The Florida Bar's 16th Labor and Employment Law Annual Update and Certification Review | | January 2016

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**Publications: [Don't Fall Asleep Just Yet... A “New Test” to Decide When Interns Should be Paid](#)**

BeLabor the Point Blog | October 2015

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**Events: [“La Oficina de mi Jefe” - Dealing with Workplace Telenovelas](#)**

**Publications: [Wait for It!...Wait for It! \(But Don't Expect to Get Paid for It.\)](#)**

BeLabor the Point Blog | December 2014

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**Publications: [Are Smartphone Breaks at Work a Good Idea?](#)**

BeLabor the Point Blog | July 2014

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**Events: [Interactive "Employment Discrimination – Do Juries Carry A Full Set of Clubs?"](#)**

Stearns Weaver Miller's 24th Annual Labor and Employment Law Seminar | | May 2014

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**Publications: [Florida Employment Law Manual](#)**

Florida Chamber of Commerce | January 2013

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**Events: [Referees Aren't the Only Whistleblowers](#)**

Stearns Weaver Miller's 22nd Annual Labor and Employment Law Seminar | | May 2012

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**Events: [A New Declaration of Independence: Consultants, Contingent Workers, Leased Employees and Independent Contractors](#)**

Stearns Weaver Miller's 21st Annual Labor & Employment Law Seminar | | May 2011

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**Events: [Social Networking Sites in Human Resources Screening](#)**

Association of Legal Administrators Conference | | June 2010

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**Events: [Crisis Management: When Bad Things Happen To Good Employers \(and What HR Can Do About It\)](#)**

Stearns Weaver Miller's 20th Annual Labor and Employment Law Seminar | | May 2010

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**Events: [IWork In The Digital Village](#)**

Stearns Weaver Miller's 19th Annual Labor and Employment Law Seminar | | May 2009

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## NEWSROOM

**In the Media: [Top 10 Florida Labor & Employment Lawyers to Follow in 2023](#)**

Business Today | | August 2023

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**Firm Announcements: [29 Stearns Weaver Miller Lawyers in 11 Practice Areas Ranked In Chambers USA 2023](#)**

| June 2023

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**Firm Announcements: [28 Stearns Weaver Miller Lawyers in 12 Practice Areas Ranked In Chambers USA 2022](#)**

| June 2022

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**Events, Firm Announcements, In the Media, Labor & Employment News Update, Publications: [Breaking Through the Noise: Labor & Employment Issues Post-Pandemic](#)**

Stearns Weaver Miller News Program Special | | June 2021

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**Events, Firm Announcements, In the Media, Labor & Employment News Update, Publications: [Breaking Through the Noise: Labor & Employment Issues Post-Pandemic](#)**

Stearns Weaver Miller News Program Special || June 2021

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**In the Media: [Hear from Marlins, Fisher Island and EEOC leaders about post-COVID labor issues](#)**

Miami Herald || June 2021

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**Firm Announcements: [29 Stearns Weaver Miller Lawyers in 12 Practice Areas Ranked In Chambers USA 2021](#)**

| May 2021

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**Firm Announcements: [24 Stearns Weaver Miller Lawyers in 12 Practice Areas Ranked In Chambers USA 2020](#)**

| April 2020

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**In the Media: [Introducing the Class of 2016](#)**

South Florida Legal Guide || July 2016

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**Firm Announcements: [Stearns Weaver Miller Presents 26th Annual Labor & Employment Law Seminar](#)**

| March 2016

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**Firm Announcements: [Stearns Weaver Miller Attorneys Recognized by South Florida Legal Guide 2016](#)**

| January 2016

---

**Firm Announcements: [Stearns Weaver Miller Presents 25th Annual Labor & Employment Law Seminar](#)**

| April 2015

---

**Firm Announcements: [Stearns Weaver Miller Attorneys Recognized by South Florida Legal Guide 2015](#)**

| January 2015

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**Firm Announcements: [Stearns Weaver Miller Presents 24th Annual Labor and Employment Law Seminar](#)**

| April 2014

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## EDUCATION

J.D., with honors, University of Florida College of Law, 1998

Order of the Barristers

B.A., *magna cum laude*, Rollins College, 1995

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## ADMISSIONS

Florida

United States District Courts for the Northern, Middle and Southern Districts of Florida

United States Court of Appeals for the Eleventh Circuit